



## “AWAKENING TO YOUR SOUL ~ LIVING YOUR POTENTIAL!”

“Once the Soul awakens, the search begins and you can never go back. From then on, you are inflamed with a special longing that will never again let you linger in the lowlands of complacency and partial fulfillment.” ~ John O’Donohue

Do you feel yourself being called to higher states of awareness, consciousness, understanding and trust? Are you seeking enhanced, simpler ways of living? Is the status quo no longer serving you? **TRUST THAT YOU ARE NOT ALONE.**

Millions of people are awakening right alongside you. You are part of a necessary, global change. An evolutionary movement which will shape humanity for generations to come ~ allowing yourself and others to live more freely, fully, lovingly and peacefully....living your Soul’s potential.

If your Soul has been urging for “something more,” join us weekly as we discuss how to:

- Live more authentically ~ living from trust, rather than fear
- Implement higher levels of thoughts, choices, activities and practices
- Experience increased clarity, confidence, happiness, purpose and peace
- Navigate your way through this time of transition and change
- Embrace your true, Divine, innate calling

“Awakening to Your Soul ~ Living Your Potential Weekly Classes!”

- TUESDAY EVENINGS ~ MARCH 1<sup>st</sup> ~ MARCH 15<sup>th</sup> ~ MARCH 29<sup>th</sup> ~ 7-9 pm (\$25/class)
- Attend each class or as your schedule allows!
- Center for the Soul Health & Wellness, 50 Main Street~Top Floor, Chester, NJ
- Contact Lynn Pridmore 201-572-7771 or [lynn@spirithealingandwellness.com](mailto:lynn@spirithealingandwellness.com) for additional information.

“Trust your journey. Trust your process.

Embrace and allow the freedom your Soul has been seeking.”